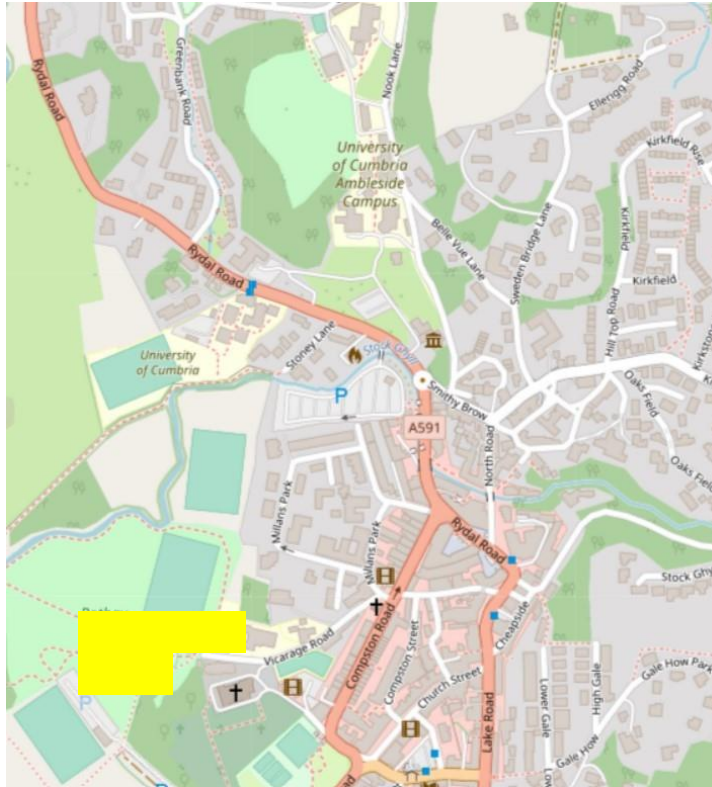




World  
Heritage UK

## WORLD HERITAGE UK: LAKE DISTRICT WORKSHOP SUSTAINABLE TRAVEL ADVICE

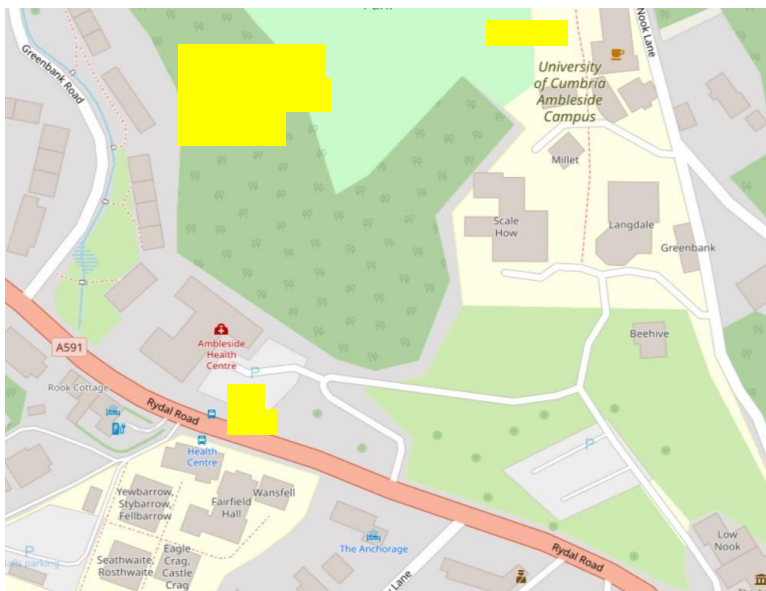
The Workshop is being held at Langdale Lecture Theatre, University of Cumbria in Ambleside, LA 22 9BB, to the north-west of the town, with accommodation in student houses close by in Rydal Road.



The venue has easy access by public transport via Oxenholme and Windermere stations and then very regular buses to the University in Ambleside; delegates are encouraged to use public transport to help reduce their carbon footprint in line with WHUK's Environmental Policy.

Oxenholme Lake District station is served by regular services from London Euston, Birmingham, Manchester, Glasgow and Edinburgh. There is then a connecting hourly service to Windermere, a 20-minute journey.

At Windermere Station there is a bus/rail interchange and there are two services from Stop 1 to Ambleside 'Rydal Road; Health Centre', adjacent to the student houses and a few minutes' walk to Langdale Lecture Theatre on the University Campus.



## Timetable Information - Arrivals

The buses from Windermere Station to Ambleside Health Centre:

**555 towards Keswick:** Every 30 mins at xx.09 and xx.39 during the day until 18.09, then 19.26, 20.31 and 22.50

**599 towards Grasmere:** Every 20 mins at xx.05, xx.25 and xx.45 during the day until 17.05, (then 17.24, 18.04 and 19.12 to Ambleside town centre only)

Single fares are currently capped at £2 under the Government's 'Help for Households' initiative.

Summary of connections for those arriving the evening before on Tuesday 11<sup>th</sup> July:

<b>TRAIN</b>										
Oxenholme Lake District	15.37	16.32	17.42		18.30		19.22	20.18	21.20	22.22
Windermere	15.56	16.52	18.01		18.51		19.42	20.37	21.39	22.41
<b>BUS</b>	<b>599</b>	<b>599</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>555</b>	<b>555</b>			<b>555</b>
Windermere Rail Stop 1	16.05	17.05	18.04	18.09	19.12	19.26	20.31			22.50
Ambleside Town Centre	16.20	17.20	18.19	18.24	19.27	19.51	20.55			23.05
Ambleside Health Centre	16.29	17.29	-----	18.31	-----	19.54	20.58			23.08

Summary of connections for those arriving the morning of Wednesday 12<sup>th</sup> July:

<b>TRAIN</b>						
Oxenholme Lake District	07.30	08.29		9.32		10.21
Windermere	07.49	08.48		9.51		10.41
<b>BUS</b>	<b>555</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>555</b>	<b>599</b>
Windermere Rail Stop 1	07.59	8.55	9.09	10.05	10.09	11.05
Ambleside Health Centre	8.31	9.15	9.31	10.27	10.31	11.27

## Timetable Information - Departures

On departure after the Conference there are time-tabled 555 or 599 buses from Ambleside Health Centre to connect with the train from Windermere to Oxenholme, at xx.12, xx.17, xx.37, xx.42, xx.57, but you should allow sufficient time, in case the buses are late-running due to the traffic.

Summary information for departures on Thursday 13<sup>th</sup> July:

<b>BUS</b>	<b>599</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>555</b>	<b>599</b>	<b>599</b>
Ambleside Health Centre	15.17	15.37	15.42	15.57	16.12	16.17.	16.37	16.42	16.57	17.12	17.17	17.37
Windermere Rail	15.37	15.57	16.03	16.17	16.32	16.37	16.57	17.02	17.17	17.33	17.37	17.57
<b>TRAIN</b>												
Windermere Rail		16.00						17.08				18.05
Oxenholme Lake District		16.19						17.27				18.24

## Further Information

[www.traveline.info](http://www.traveline.info)

[www.northernrail.co.uk](http://www.northernrail.co.uk)

[www.stagecoachbus.com](http://www.stagecoachbus.com)

## Local Taxis

Ambleside Taxis: 015394 88285

Ambleside Amber Taxis: 015394 42000

John's: 07759 143423